

# THERAPEUTIC RIDING MENTORING CLINIC

for TR Instructors and CanTRA Candidates

Presented by Pippa Hodge, CanTRA Examiner and Cynthia Andrews, CanTRA Coach

**Date: September 17-18, 2022**

**Where: VTEA, Langley, BC**

**Cost: \$200** (Coffee, snacks, handouts and certificate of participation included)

Deadline for Registration: **September 1, 2022** Spaces are limited in order to give participants the best learning experience. Some spaces are already taken. Register early to ensure your spot.

Presentation and discussion will be in meeting room. Demonstrations and practice teaching will be in the indoor riding arena and the barn. Dress appropriately to work around horses.

## **Power-point Presentations, Hands-on Activities and Handouts will cover:**

1. Disabilities/Disorders accepted and Contraindications/Precautions for Therapeutic Riding.
2. Benefits of Therapeutic Riding and safe procedures.
3. CanTRA Certification Levels
4. Evaluation: What are Rubrics?
5. Requirements and Components for Certification:
  - Student Report
  - Lesson Plans
  - Format of CanTRA Technical & Exam
  - Leading Demonstration Rubrics
  - Volunteer Training Rubrics
  - Teaching Lessons (with one, 2, or 4 students, depending on level)



## **Demonstrations and Practice Teaching:**

Clinic participants will observe and CanTRA candidates will participate in:

- Leading Demonstrations with horses in the arena (with Rubrics)
- Teaching mini-lessons with riders on horses in the arena.
- Volunteer Training in the barn and arena. (With Rubrics)

CanTRA Candidates will receive oral feedback from CanTRA Examiner and Coach on leading, teaching and volunteer training appropriate to their level.

For more information and to register, contact **Cynthia Andrews** at [c3andrews@shaw.ca](mailto:c3andrews@shaw.ca)

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## REGISTRATION FORM

**DEADLINE FOR REGISTRATION: September 1, 2022**

**Participant numbers will be limited. Spaces are filling quickly.**

Registration form must be accompanied by payment. If the workshop is already full, you will be reimbursed the full amount.

**Dates:** Saturday, September 17<sup>th</sup> and Sunday, September 18<sup>th</sup>

**Time:** 9:00-4:00 with 1 hour for lunch (Please bring your lunch)

**Where:** Valley Therapeutic Equestrian Association, 3330 – 256 St., Langley, BC

**Cost:** **\$200.00** (Coffee, snacks, handouts, and certificate of participation included.)

**Name of Participant:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **Postal Code:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Current level of Certification: Check all that apply. I am a...**

Therapeutic Riding: CanTRA BI\_\_ BI-2 \_\_ II\_\_ SI\_\_ other \_\_\_\_\_

Therapist\_\_ PT\_\_ OT\_\_ SLP\_\_ Volunteer\_\_ Parent\_\_ Horse rider\_\_

Other \_\_\_\_\_

**I would like to become certified as a CanTRA Instructor (BI, BI-2, II, SI) \_\_\_\_\_**

**Amount paid by E-Transfer to [info@vtea.ca](mailto:info@vtea.ca) \_\_\_\_\_**

**Or**

**I am a member of the VTEA Mentorship Program \_\_\_\_ Or I am a VTEA employee. \_\_\_\_**

For information about the **VTEA Mentorship Program**, contact Cynthia Andrews at [c3andrews@shaw.ca](mailto:c3andrews@shaw.ca) .

**\*Thanks to BCTRA for providing VTEA with funds from their Developing Professionals Grant!**